Iterable: Implementing this interface allows an object to be the target of the "foreach" statement i.e object for loop. It has only one method iterator();

An iterator over a collection for accessing collection objects. Iterator takes the place of [Enumeration](https://docs.oracle.com/javase/7/docs/api/java/util/Enumeration.html) in the Java Collections Framework. Iterators differ from enumerations in two ways:

* Iterators allow the caller to remove elements from the underlying collection during the iteration with well-defined semantics.
* Method names have been improved.